

Date: 13 November 2020

Issue no.: 35

Dear Parent / Learner

As exams progress, we often witness a drop in energy levels and subsequent decline in motivation. Fear not, this can be counteracted with a few simple steps:

- **Sleep** is really important when revising as it allows us to consolidate knowledge, and a regular sleep schedule will stop you feeling tired during the day. Make sure you get at least eight hours of sleep every night and try to go to bed at a similar time each night.
- Besides sleep, **sun exposure** can be a key contributor to combating those slumps in energy with which you might be familiar. Spending even 10 minutes outside, especially in the morning, will help kickstart your energy levels for the day.
- We know that one of the regulators of our circadian rhythm is light exposure, and sunlight is second to none. Getting some **sunlight and fresh air** in the morning can help you feel in touch with nature and offer a boost of motivation.
- However, just as light exposure can be fantastic in the morning, it can be quite detrimental in the evening. Especially 'blue light,' or the type emitted by electronic devices. The best advice is to **avoid technology in the hour before you sleep**.
- Developing a **caffeine reliance** during exams is a sure-fire way to sleepless nights and increased exam anxiety. Do not increase your consumption in the hope of 'powering through' revision. Caffeine is a stimulant with a host of effects on your body and is notorious for increasing anxiety, restlessness and even heart palpitations.
- It is easy to end up snacking on chocolate and crisps. They are quick and easy to eat, and often give you a **quick sugar high**. However, you are much better off choosing complex carbohydrates and healthy fats to snack on. Try some apple slices dipped in almond butter, carrot sticks with hummus, fruit, nuts and berries. There are many healthy, yummy alternatives to junk food.
- Finally, one of the most effective ways to boost your energy levels is to do some exercise. Grab your trainers and choose a workout that will get your heart racing. **Mr Hourquebie's exercise sessions are easily accessible**, do not require any equipment and are fun to do.



Remember that help is at hand. Should your child need any academic assistance, they are always welcome to contact their teachers – MS Teams has ensured availability.

SCHOOL UNIFORM DURING EXAM TIME

Correct school uniforms are to be worn when coming to school. Should you not be able to properly clean / sanitise your uniform for the next day, you may wear your school tracksuit or Blue Pride shirt with PT shorts on Tuesdays and Thursdays.

Please also note that **normal hair and nail regulations** still apply– let's look neat and tidy, ready for school.

COVID-19 ARRANGEMENTS

Please pay a visit to our website for the latest on Curro during the time of COVID-19.

<https://www.curro.co.za/covid-19/>

Curro Aurora has implemented the necessary safety precautions and procedures as detailed in our Standard Operating Procedures document.

FOR YOUR OWN SAFETY

BEFORE
ENTRANCE:



USE HAND
SANITIZER

IN SANITARY
UNIT:



WASH HANDS



KEEP DISTANCE

BE RESPONSIBLE

WE URGE ALL TEACHERS, PARENTS AND LEARNERS TO ADHERE TO THE SAFETY MEASURES. SOCIAL DISTANCING, THE WEARING OF MASKS AND SANITISING IS NON-NEGOTIABLE.

LEARNERS MUST ALSO PLEASE BRING PERSONAL SANITISER / WIPES TO SCHOOL TO ADD ANOTHER MEASURE FOR PERSONAL PROTECTION.

Please remember to inform the school of any comorbidities within your family – this must be done by contacting each child's respective Grade Head or Phase Head in writing if you have not yet done so.

SCHOOL TRANSPORT

Curro Aurora offers safe school transportation to our families in the mornings and afternoons while adhering to strict Covid-19 protocols.

Transport facility is offered to learners from Grade 3 - 12.

- * Sanitising upon entering the vehicle.
- * Social distancing measures in place.
- * Wearing of masks are compulsory.

Enquire now with josie.m@curro.co.za.

GRADE 8 to 12 EXAM REMINDERS:

MATRICES:

Should a matric learner display COVID SYMPTOMS or test positive for COVID, the school needs to be informed immediately – such learners would be allowed to write their final exams if able to do so in 2020, but must be accommodated in a separate venue.

It is VITAL that parents and learners take every precaution possible to avoid infection.



GRADE 8 to 11:

Please be mindful of social distancing and safety protocols over weekends (especially at social gatherings) – learners cannot afford to be absent from school if it can be avoided at all.

Temperature screening takes place at the temperature recording stations to streamline the morning process. There are four recording stations per gate to facilitate quick access to the school. We ask that parents please refrain from joining their children in the queue or at the recording tables – more bodies in the area impacts negatively on safety measures.

EXAM PROCEDURES AND RULES:

1. Sit at the desk allocated to you. Do not write on your examination desk! Bring own sanitizer to give it a quick wipe – your safety is very important! You **MUST** wear your mask and keep your social distance from others before and after exams.
2. Leave your bags and other possessions outside the exam venue at your own risk – please do not bring valuables to school.
3. If you must have a cellphone with you, it must be switched **off** and placed under your chair / in box provided – listen to the invigilator's instructions. Leave smart watches at home – they are not allowed in the exam venues.
4. Take only your stationery to your allocated desk – contained in a clear plastic bag.
5. Use **YOUR OWN** stationery and mathematical equipment – you are not allowed to borrow or share with anyone else.
6. No Tippex or any correction fluid/tape may be used in any exam paper.
7. Only a non-programmable calculator **WITHOUT A LID** may be taken into the exam venue and only used if permitted.
8. Remain silent when inside an exam venue.

9. Remain seated at all times until you are given permission to leave at the end of a session.
10. You must be accompanied by a teacher if you need to leave the room for any reason. Please ensure that you go to the toilet before your exam starts.
11. You must produce a doctor's note, or you will receive a zero mark if you miss an examination. Ensure that you give the doctor's note to the High School Secretary.
12. Arrive at the venue on time. You must be seated **15 minutes before** your exam starts. You may not be given extra time. If you arrive more than 30 minutes late for an exam, report to the high school office.
13. Wear the correct school uniform during exams. If you are not in the correct uniform, you will be sent out of the venue and will only be allowed to return once you are in the correct uniform. You will not be given extra time to write if you are sent out of the venue to correct your uniform.
14. Do not bring food or drink (except water) into the exam centre. Water must be in a clear container.
15. You will not be allowed to leave until the full time of your particular exam has lapsed.
16. Do not begin the reading or writing of an exam until you are given permission to do so.
17. Do not interact in any way whatsoever with any other person (except with an invigilator by raising your hand) during an exam session.
18. Read the exam paper during the 10 minutes allocated for this purpose (no writing or highlighting is allowed during this time).
19. Do not cheat by having any help, aids or notes on your person or at your desk during an exam session. When a student is caught cheating or suspected of any irregularity, the incident is reported to the Head of High School, or the Deputy Principal. The exam script is retrieved immediately, and the time noted on the paper after the last written work. The student is given a blank script to continue with the exam. After a thorough investigation, a decision is made regarding the marking of the script.
20. Learners waiting for their parents at the gate are to be quiet and retain social distancing protocols to ensure other learners still writing are given a fair chance of doing their best too. No noise will be tolerated, and learners will be taken to a study class if needed.

SECONDHAND UNIFORM SHOP

Curro Aurora parents, please be advised that the Secondhand Uniform Shop will continue to operate on an appointment basis during the following hours.

Monday 07h00 - 11h00

Wednesday 11h00 - 15h00

Friday 11h00 - 15h00

Please contact the shop coordinator, Andy Watkins (0837833653), to make an appointment or call Andy should you have any queries regarding the process.

EXAMINATION TIMETABLE

PLEASE NOTE: Holding classes / exam preparation venues are available for learners who cannot be transported to and from school during the day.

Grade 8: Cosmic Hall

DAY	DATE	Time	Venue	Subject / Exam
Monday	16 Nov	11:00	Cosmic Hall	Mathematics P II Exam (1 Hour)
Tuesday	17 Nov			Study Day
Wednesday	18 Nov	11:00	Cosmic Hall	Social Sciences Exam: Geography (1 Hour)
Thursday	19 Nov	11:00	Cosmic Hall	Social Sciences Exam: History (1 Hour)
Friday	20 Nov	11:00	Cosmic Hall	Creative Arts Theory (1,5 Hours)
Monday	23 Nov	11:00	Cosmic Hall	Afrikaans FAL P2 (1 Hour)
Tuesday	24 Nov			===
Wednesday	25 Nov			===
Thursday	26 Nov			===

Grade 9: (Cosmic Hall)

DAY	DATE	Time	Venue	Subject / Exam
Monday	16 Nov	13:00	Cosmic Hall	Afrikaans FAL P2 (1 Hour)
Tuesday	17 Nov	13:00	Cosmic Hall	Creative Arts Theory (1,5 Hours)
Wednesday	18 Nov	13:00	Cosmic Hall	Creative Arts: Design Practical (2 Hours)

Thursday	19 Nov	13:00	Cosmic Hall	Natural Sciences Exam : Life Sciences (1 Hour)
Friday	20 Nov	13:00	Cosmic Hall	Technology Exam (1 Hour)
Monday	23 Nov	13:00	Cosmic Hall	Natural Sciences Exam : Physical Sciences (1 Hour)
Tuesday	24 Nov	8:00	SA09	Information Technology Practical (5 x 1 Hour sessions in SA09)
Wednesday	25 Nov			===
Thursday	26 Nov			===
Friday	27 Nov			===

Grade 10 SB1; SB4; SB12; NT3; NT4

DAY	DATE	Session 1 (7:45)	Session 2 (11:15)
Monday	16 Nov	Mathematics P 2 (2 Hours) Mathematical Literacy P 2 (2 Hours)	
Tuesday	17 Nov	English P2 (2 Hours)	
Wednesday	18 Nov	Accounting P1 (2 Hours) CAT Theory (2 Hours)	Accounting PII (1 Hour)
Thursday	19 Nov	Afrikaans FAL P2 (1,5 Hours) isiZulu FAL P2 (1,5 Hours)	
Friday	20 Nov	Economics (2 Hours)	History PII Source-based Questions and Essay (2Hours)
Monday	23 Nov	Physical Science P2: Chemistry (2 Hours)	
Tuesday	24 Nov	Life Science P2 (1 Hour)	
Wednesday	25 Nov	Design Theory (3 Hours)	Dramatic Arts Practical (11:00 – 15:00)
Thursday	26 Nov	IT Theory (2 Hours)	Dramatic Arts Theory (2 Hours)
Friday	27 Nov	CAT Practical (2 Hours SA09)	

Grade 11 N4; N5; N8; N10

DAY	DATE	Session 1 (7:45)	Session 2 (11:45)
Monday	16 Nov	Physical Science P2: Chemistry (3 Hours)	
Tuesday	17 Nov	Design Theory (3 Hours)	IT Theory (2,5 Hours)
Wednesday	18 Nov	English P2 (3 Hours) In Galaxy Hall	
Thursday	19 Nov	Geography Theory P1 (2 Hours)	Geography Map Work P2 (1 Hour)
Friday	20 Nov	Afrikaans FAL P2 (2,5 Hours) // isiZulu FAL P2 (2,5 Hours)	In Galaxy Hall

Monday	23 Nov	Mathematics P2 (2,5 Hours)	//	Mathematical Literacy P2 (2,5 Hours)	In Galaxy Hall
Tuesday	24 Nov	Life Science P2 (1 Hour)			
Wednesday	25 Nov	History PII Source-based Questions and Source-Based Essay (3 hours)			
Thursday	26 Nov	Economics (3 Hours)		IT Practical (3 Hours)	
Friday	27 Nov	Design Practical (8 Hours)			

Grade 12 Galaxy Hall

DAY	DATE	TIME	Session 1	TIME	Session 2
Monday	16 Nov	9:00 – 12:00	Mathematics P2		
Tuesday	17 Nov	9:00 – 12:00	History P2 (Source Analysis)		
Wednesday	18 Nov	GR11			
Thursday	19 Nov	9:00 – 12:00	Mathematical Literacy P2	9:00 – 12:00	Physical Sciences P2 (Chemistry)
Friday	20 Nov	GR11		14:00 – 16:00	French Second Add Lang P1 (N4)
Monday	23 Nov	GR11		14:00 – 16:00	French Second Add Lang P2 (N4)
Tuesday	24 Nov	9:00 – 11:00	Life Sciences P2		
Wednesday	25 Nov	9:00 – 11:30	Afrikaans FAL P2 (Writing)	9:00 – 11:30	isiZulu FAL P2 (Writing)
Thursday	26 Nov	9:00 – 12:00	Design		
Friday	27 Nov				

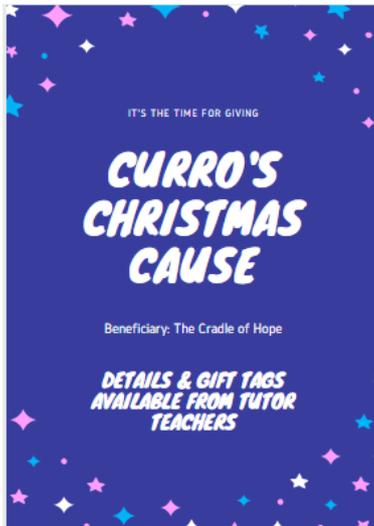
Matrics need to be seated inside the venue 20 minutes before the start of each exam session please.

Please take extra care with your health and act responsibly – your safety is now more important than ever before as the supplementary exams are only in May/June 2021.

Learners are reminded that social distancing is vital in this fight against the spread of COVID-19. Please adhere to our requests – especially before and after examinations.

Curro's Christmas Cause

Mrs Susan van Dyk



The Cradle of Hope is an organisation that helps abused and neglected woman and children. They are a Non-profit Organisation situated in Krugersdorp.



If you would like to know more or contribute in another capacity, you can visit their website or contact the organizer, Melodie van Brakel at: melodie@thecradleofhope.org.

Packing instructions:

- 1) Pack age-appropriate gifts.
- 2) Keep gifts under R350.
- 3) Prioritise needs like stationery, deodorant.
- 4) Keep gift box open –
Gifts must be checked by Cradle of Hope.
- 5) No Chocolates please - They will melt.



Please follow the packing instruction on the back of the gift tags if you are donating a complete gift.

DUE: 30 November



Learner Name: _____	Please Tick to confirm that this box is complete!	
Learner Age and Gender Age: _____ Male / Female	Face Cloth & Soap	
From:	Tooth Brush & Tooth Paste	
Message:	Educational Item	
	Sweets	
	Toy	
	Clothing item	

CONTACT DETAILS

Contact details of the School Management Team and Grade Heads herewith for easy reference:

Receptionist	Cindy Duma	Cindy.D3@curro.co.za
Head of High School	Dion Kotze	Dion.K@curro.co.za
FET Phase Head	Sarah-Jane Olivier	Sarah-Jane.O01@curro.co.za
Snr Phase Head	Donne Valkenburg	Donne.V1@curro.co.za
Head of Sport	Adrian Ferreira	Adrian.F@curroholdings.co.za
Head of Culture	Saskia Snyders	Saskia.S@curro.co.za
Grade 12 Heads	Nicole Webb	Nicole.W2@curro.co.za
	Maria Chou	Maria.C@curro.co.za
Grade 11 Heads	Judy Beeston	Judy.B@curroholdings.co.za
	Anita Bornman	Anita.B@curro.co.za
Grade 10 Heads	Janine Tobin	Janine.T@curro.co.za
	Wendy Longwitz	Wendy.L2@curro.co.za
Grade 9 Heads	Kelsey Gallon	Kelsey.G2@curro.co.za
	Loutjie de Wet	Loutjie.D@curro.co.za
Grade 8 Heads	Kyla Hayter	Kyla.H@curro.co.za
	Warrick Hammond	Warrick.H@curro.co.za

ALTERNATE SCHOOL CONTACT NUMBERS

Parents/ Guardians, kindly note that if you are experiencing a problem reaching our school switchboard line, please use the updated alternate numbers below:



Admin Reception Josie	082 233 7500
Admin Finance/ Enrolments	067 356 2969
Castle Office Rowena	067 396 1583
Primary School Office Anneline	079 580 1482
High School Office Cindy	079 560 2680
Sports Office/PAA	079 574 0062

DEBIT ORDER DRIVE

Curro has embarked on a debit order drive making it convenient and hassle free. From 2021 annual and debit order payments will be the preferred payment methods. All parents will soon receive a debit order form. Please complete and send back to the school. Parents can contact Angela Schoeman if you wish to discuss the payment of 2021 school fees.



The graphic features a dark blue background with a network of white lines and dots. At the top left is a green circle containing a blue hand icon pointing at a signal icon. To its right, the text 'Select the DEBIT-ORDER option' is displayed, with 'DEBIT-ORDER' in orange and 'option' in white. Below this, the text 'There are so many benefits' is written in white. Five overlapping circles of different colors (orange, purple, pink, white, and teal) contain icons and text: 'Hassle-free' with a thumbs-up icon, 'Convenient' with a checkmark icon, 'Better budget-planning' with a calculator icon, 'Reduces bank fees' with a hand holding a coin icon, and 'Better school account management' with a wallet and coins icon. At the bottom, a green banner contains the text 'SWITCH TODAY. ASK US HOW!' and 'Contact Angela Schoeman at angela.s1@curro.co.za'.

#Learners2Leaders

087 087 0355

www.curro.co.za

CURRO
Aurora

WE ARE OPEN

CURRO AURORA
AFTERCARE

A home away from home

**ENROL
NOW**



From 2,5 years to Grade 7 | Open until 17:30
All safety measures in place during the
COVID-19 pandemic.

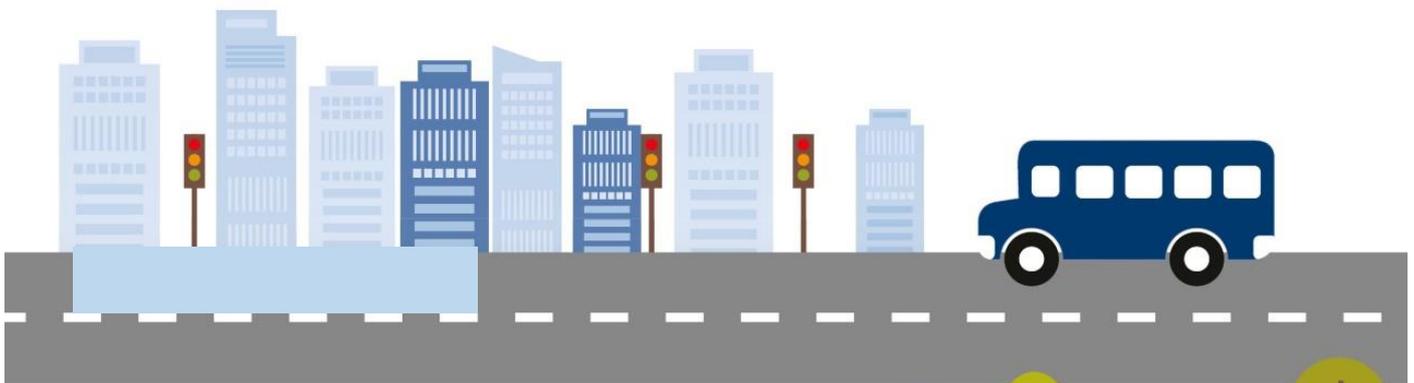
#Learners2Leaders

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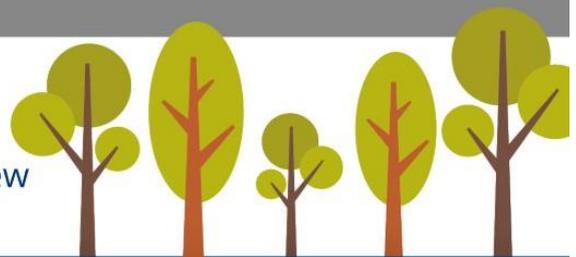


Did you know?

Curro Aurora offers a **bus service** that covers various routes:



Randpark | Jackal Creek Golf Estate | Blandford
Radiokop | Olivedale | Strubens Valley | Bellairs
Fourways | Wilgeheuwel | Northriding | Honeydew
Sundowner



#Learners2Leaders

CURRO
Aurora

WEARING A MASK TO SCHOOL

Mrs SJ Olivier



Your cloth mask must have a minimum of two layers. You may not re-use a single use mask. Always wear your mask correctly! The mask must cover your nose and your mouth and fit snugly over the bridge of your nose and against the sides of your face. Before you put your mask on, wash or sanitise your hands properly.

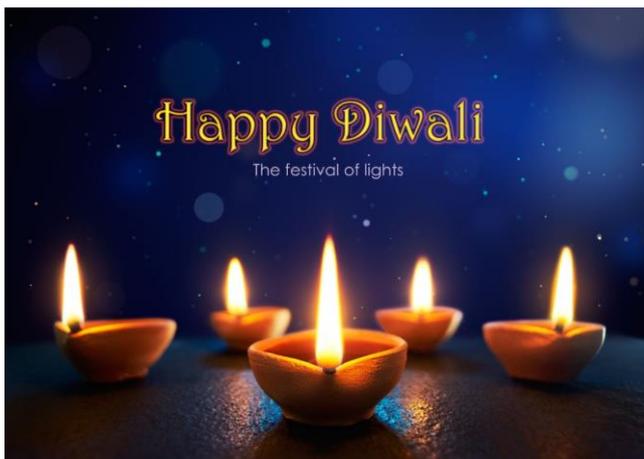
Remember that you will have to be wearing your mask when you arrive at the school gate to have your temperature checked.

Avoid touching your mask while you are wearing it. Make sure your mask fits correctly so that you do not need to adjust it. If you do touch your mask, be sure to sanitise your hands immediately. When removing your mask, do not touch the front of the mask.

Remove it by using the ties around your head or behind your ears. Wash your mask after every use.

Masks protect not only yourselves, but others too – show you care!

THOUGHT TO PONDER:



We wish you and your loved ones continued health – please keep safe.

Yours in education,

Dion Kotze
Head of High School