



FROM MR MAREE'S DESK...

I hope that our Curro Aurora Family is all well and coping under these current circumstances. Although we will not see all of you in the coming weeks, I do urge you to keep in touch with your child's tutor teacher so that we know that you are all on track and doing well. I have asked teachers to let me know if they notice inactivity from learners in their class and we will call parents and guardians to follow up to check on how you are doing. It is of great importance that we all look out for each other.

We look forward to welcoming back Mrs Parr, Mrs Gardiner and Mrs Wood who are returning back to school from their maternity leave at the end of this month.

Kindly note that school will be closed on Friday, 7 August (Curro school holiday) and Monday, 10 August as Curro Aurora has been granted a long weekend. Monday, 10 August is a Public Holiday (Sunday, 9 August is Women's Day). Pre-recorded online content with clear instructions will be made available on MS Teams for the Friday's lessons.

Aftercare will be available, free of charge, on the Friday from 7am till 1pm should it be required. A survey will be emailed out next week to confirm names and numbers for the day. The afternoon Aftercare will continue as normal.

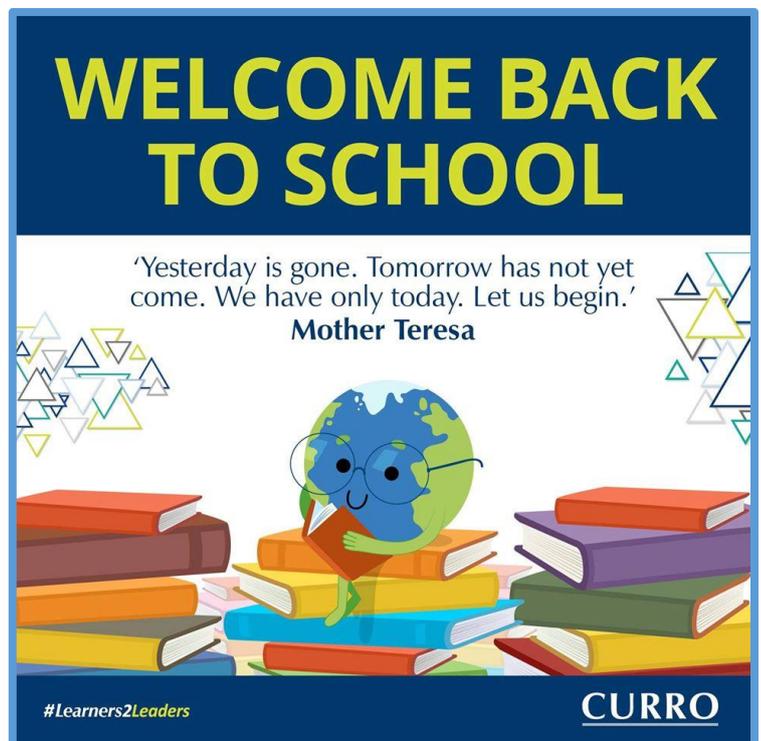
The COVID 19 SOP stipulates that a maximum of 50% of learners may return to school per day to ensure that social distancing is adhered to. We must comply with the arrangement. Several families requested for their children to return to school every day. A questionnaire was emailed out to assist us in planning a way to accommodate the request. Please check your e-mail and SMS for the link. Once we have a clear and reliable indication of learner attendance numbers over one cycle we will be able to make an informed decision regarding possible amendments.

Wishing you a wonderful and safe Term 3.

CURRO 1KM CHALLENGE

The results for the Curro 1km Virtual Relay Challenge have been finalized. We want to say a massive thank you to all the parents and staff who helped get children involved and make a success of the **Virtual Relay Challenge**. It was phenomenal to see so many of our learners and staff participating and displaying their #BluePride!

Curro Aurora was the only school to have been represented in every category! Curro Aurora overall had seven 2nd place and four 3rd place finishes.





MANDELA DAY- Jar of Hope!

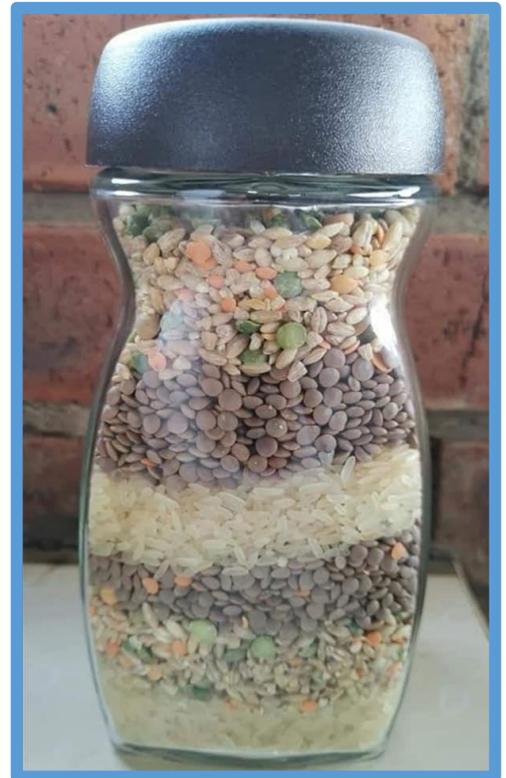
For Mandela Day this year, WE would like to ask you to help us feed a family and **Share a Jar of Hope!** Hot 91.9 FM will support Curro Aurora in getting the jars to those in need.

Ingredients:

- half a cup of rice
- half a cup of soup mix
- half a cup of lentils
- one unwrapped stock cube
- one packet of instant soup powder

One of these jars can feed up to four individuals or provide multiple meals to one person. All that needs to be added is hot water (roughly 2 ½ Litres of water), and the mixture needs to be stirred continuously for approximately 45 minutes.

A jar like this is a healthy, nutritious and sustainable meal specially in the winter. While this may not seem like much to us during this time of lockdown, something as simple as a little jar of hope can change the world of someone who was wondering where their next meal would come from.



Please use 67 minutes of your time on Saturday, 18 July to make a Jar of Hope. Jars can be dropped off at school on Monday, 20 July and Tuesday 21 July at one of the entrance gates.

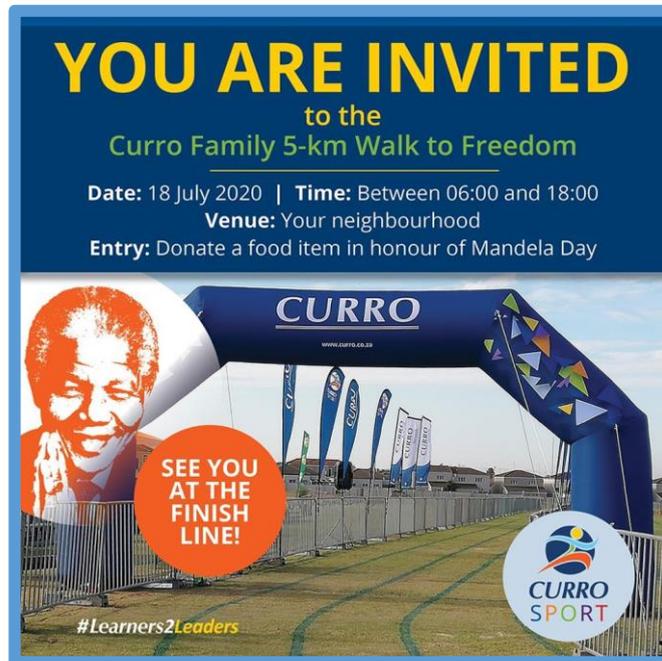
GRADE 4 STUDY WORKSHOP

Due to the rising numbers of COVID19 cases, kindly note we have decided to move the Grade 4 Study Skills Workshop to an online MS Teams meeting. In order to accommodate the sessions, we have combined classes. Should you have any questions regarding the workshop, you may stay online after the session has been completed. We will send an invite to the relevant classes General Page where the meeting can be joined. If you are unable to attend the Monday and Tuesday session, kindly contact your child's tutor teacher to include you into Thursday's session. Please could the learners have highlighters, colour pencils and a pen handy. Parents must have a page to take notes.

Monday 13 July 2020 17:30-18:30	Grade 4BS and Grade 4EB
Tuesday 14 July 2020 17:30-18:30	Grade 4LJ and Grade 4JM
Thursday 16 July 2020 17:30-18:30	Grade 4SK

CURRO FAMILY 5KM WALK TO FREEDOM

It's a virtual event taking place on Saturday, 18 July when you walk 5 km in your own neighbourhood anytime between 06:00 and 18:00. Please send a screenshot of your phone, watch or any other device to prove that your family completed the walk to jono.w@curro.co.za. Please share photos and videos of your family having fun to mags.t@curro.co.za. We know we're all going to have a blast – but please remember that being responsible means wearing a mask!



CURRO NATIONAL MINECRAFT- Interview with Mr Liebenberg

One of our Minecraft Teams are through to Saturday's final! Parents can follow the live **final tomorrow**. A link will be sent via our school's Facebook page once it comes available. For those of you who are not familiar with Minecraft, I've asked Mr Liebenberg a few questions to explain;



1. What is Minecraft?

Minecraft is a program designed to inspire and incite creativity. The basic objective is to build and craft various blocks and items to help you discover the world.

2. Why is it a sport?

Sport is defined as an activity where the rules are the same all over the world and both sides have an equal opportunity to win. Minecraft as an eSport qualifies on both fronts.

3. How can I get involved?

The registration for the 2nd round of competition will open during the 3rd Term. Teams will then enter themselves to compete.

4. Can you compete in Minecraft competitions?

Anyone from Curro, ages 9-14 is welcome to take part in Curro Clash Minecraft eSports. As we grow, learners will be paired against teams of equal skill and age.

5. Is it for girls and boys?

Minecraft and all eSports do not see gender. Some of the best builders in Minecraft are girls.

If you want to get your child involved, please e-mail Mr Liebenberg at bertus.l@curro.co.za

**SELFCARE DURING COVID19****by Lauren Jordaan (Intern Educational Psychologist)**

The other day I was listening to a podcast where someone referred to this lockdown as a Covid-19 marathon. They spoke about how we are all running this race, looking for the finish line, except we don't know where the finish line is or how far we must go. Just like training for a marathon, there are many ways to prepare yourself to manage this race. For many of us, we and our families hit the ground running at the start but now that we are in the race, we are finding ourselves losing energy and slowing down. There is still a chance for you to pace yourself so that you can run this race in a more manageable way. One way to do that is through *self-care* - self-care as an individual but also as a family. Taking care of yourself and encouraging others to do the same is not a selfish act, but rather a brave one where you choose to be at your best performance. Research shows that when we practice self-care consistently throughout our lives, we can cope better, manage our emotions in a healthier way and reduce stress. How can my family and I practice self-care? It is important to note that self-care does not have to take long. It can be short, meaningful and purposeful activities that provide you with the energy you need to get through a day, especially when you are feeling overwhelmed.

Some self-care activities include:

- Exercising or just spending time outside
- Mindfulness breathing or grounding exercises
- Putting aside family time at least once a week
- Giving your children the space to speak about their emotions
- Listening to your favourite song and having a dance party
- Limiting exposure to negative media
- Taking time to reach out to your support system

“Self-care is about giving your loved ones the best of you, rather than what’s left of you” – Katie Reed

**CURRO ART SUPERHEROES**

We would like to thank the learners (soloists), parents and educators that participated in the CAS 2020. We appreciate that you took the time to film and master your video entry. Many have enquired about the outstanding entries going forward and, taking your comments and suggestions into consideration, the CAS team has decided to cancel the following entries for CAS 2020:

Performance entries:

- Read it: Unprepared reading/ Onvoorbereide lees
- Spell it: Afrikaans & English
- All group items, e.g.: duets, trios, group items, choirs, troops, bands, dialogues, extract from a play, etc.

Submission entries:

- Tweet it & Shoot it: group entries

Please note that the above-mentioned entries will stand over until next year. The CAS team will save these entries and you will be able to use them as a credit for CAS 2021.





Primary school

NEWS LETTER

CURRO

Aurora

STRAIGHT2CAMERA MONOLOGUE FESTIVAL

Excitement is building for the #Straight2Camera Monologue Festival! Please refer to the information attached to this email.

Over the next few weeks, we will release a step-by-step video web series of 6-7 episodes made by professional actors, dealing with their approach to preparing a monologue.

The first of these monologue masterclasses, by the incomparable young actor David Viviers, is already on our Curro Create YouTube channel. When we upload the masterclasses, we drop the entire 'season' of each masterclass; all seven of David's episodes are already live and available - from his first encounter with his monologue to final performance. Learners are encouraged to visit these short episodes as a guide to the preparation of their own monologue entries for the CCNYTF #Straight2Camera Monologue Festival. Of course, it is also incredibly useful for our Drama learners, whether they will be taking part in CCNYTF 2020 or not. We will load the other masterclasses as they come out of editing.

Yours in education

Mr. Christiaan Maree
Head of Primary School

